



# THE LIGHT

The Newsletter of Zion Lutheran Church, Southington, CT

August 2022

Vol. 6 Issue 6

## A MESSAGE FROM THE PASTOR

Dear People of God,

Grief doesn't just happen to us when a loved one passes away. It can come with the death of a relationship, moving to a new place, or the end of a job. Grief is normal. While we all may deal with grief differently, the stages of grief are similar for everyone.

After a preliminary meeting in July, a group of people will get together to form a Grief Support Group. It will meet Wednesdays at 7:15PM starting on August 17th. This is new for all of us and we will be figuring it out together.

I can anticipate a few questions, but please ask me if there are others.

- How long will it be? We are planning 8 weeks. But depending how we go through the topics, it could be less.
- Do I need to participate or can I just listen or observe? How you participate is up to you. Everyone will get different things out of the group depending on your own experiences.
- Nothing is expected of you except a few group guidelines like confidentiality.
- What happens if I cry? Crying is allowed. Crying is okay. We need to do the work of going through grief. But our goal is to learn how to work through grief.
- Do I need to come every week? No, come when it feels right for you. I wish that I could give you a schedule of topics. This is new and we will be figuring this group out together. Maybe after we get going, we will be able to set a schedule of topics.

We will be covering: Normal grief responses, handling emotions, myths and facts about grief, changes in families and roles, self-care, and listening.

If you have any questions or concerns, or if you would like to meet with me separately, please let me know. It is my hope that we can work together to help one another.

Peace,  
Pastor Jeff



**† For Pastoral Care and Concerns...**

**Pastor Jeff is on vacation through August 12<sup>th</sup>**

(He will return briefly to lead worship on August 7<sup>th</sup>.)

**For Pastoral concerns during this time, please contact  
Pastor Stephanie Pope at 860-378-7577.**

You may contact Pastor Jeff After August 13<sup>th</sup> on his cell phone  
at 860-490-5784 or via email at [pastor@zionlutheranct.org](mailto:pastor@zionlutheranct.org).

**Our Summer Worship Schedule**



**Saturdays at 4:00PM - Sanctuary**

**Sundays at 9:00AM**

**Sanctuary - 8/7, 8/21**

**Outdoors - 8/14, 8/28**

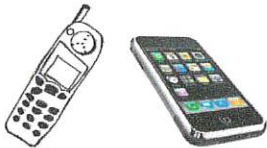
**Please Join Us!**



**Grief Support Group**

Join us as we journey alongside each other, working together and supporting one another through one of life's most difficult experiences. All are welcome. (See Pastor's letter on the front page for more information.)

**Wednesdays at 7:15PM beginning August 17<sup>th</sup> in the Gathering Place**



**I Care About You! I Want to Support You!**



**Please Let Me Know!**

It is my hope that if you ever have need for pastoral care, especially in a hospital or care facility, that you would call me and let me know. It might be helpful that you have the church phone and my cell number in a place that can easily be found. A place that if your family, friends, or neighbors want to call the church or me, they could find it. Some people might be put on their refrigerator. But you could put it any place and let your loved ones know where it is, in case they need to call church or me.

At church, and as I make visits, I will be handing out my business card, and refrigerator magnets, with my contact information on it. If you won't be at church in the next month or so, or you would like us to put refrigerator magnet in the mail please contact the church office or me and we will get one to you.

– Pastor Jeff



**Zion Trivia...**

Guess how much money we have made by collecting, sorting, and recycling bottles and cans since this ministry's inception?

1. \$ 2,000
2. \$ 5,000
3. over \$ 7,500

*(answer is on the calendar page)*

Thank you to everyone who donates cans & bottles!

Proceeds help all the ministries of Zion.

Please join us to help sort, all are welcome!!!

**Are You a THRIVENT Member?**

If so, did you know you may be eligible for "Thrivent Choice Dollars®" which are special Thrivent funds, (not your personal money) that you can ask be allocated towards thousands of charities and non-profits across America - INCLUDING ZION! Eligible members can recommend where Thrivent distributes a portion of its charitable funding by directing Choice Dollars®. To learn how, visit:

<https://www.thrivent.com/about-us/membership/thrivent-choice>

Login, then search for "Zion Lutheran, Southington". This is a simple way to financially support the various ministries here, with just a few clicks of a mouse.

# Remember in Your Prayers



*Our prayer list is updated monthly - Let us remember these people as we pray daily.*

## **Members of Zion**

**Lord in your Mercy:** Ruth Kurtz; Laurie & Ray Ellsworth; Jayne Darling; Lee Bluis; Jean Wiltse; Ginny Freeman; Linda Graham; Beverly Clark; Laura Sepko; Sandra Migliarese; Buddy Stakey; George McKenny; Michelle Cyr and family; Eric Dauphin, father of Ana and Taylor, Joe Sepko; Bonnie Zownir; Bill & Michelle Gibbs.

## **Those in Hospitals, Care Centers and Homebound:**

William Brown - The Summit; Bob Miller - Autumn Lake, Cromwell

**Wedding Anniversaries:** 8/2, Christine & Kevin Doran; 8/7, Michael & Susan Simoniello; 8/9, Richard & Nikki-Ann Heitz; 8/12, Ronald & Betty Lou Schweiger; 8/13, Danielle & Paul Forand; 8/18 Lorraine & Chuck Marco; 8/18, Anne & Doug Graham; 8/21, Marjorie & Mark Appleby; 8/26, Scott & Jill Polverari; 8/27, Dot & Andy Nicholas

## **Family & Friends of Zion**

### **Lord in your Mercy:**

Lynn-niece of Carol Wright; Courtney Campbell & Family; Mark, cousin of Lois G.; Paul Godwin, brother of Lee Bluis; Gertrude Matquardt; Pesce Family; David Neals; Alex Meyer, grandson of Ron & Lois Grizskauskas; Carlos, friend of John Miller's family; Pavao family, family of Lois Garafola; Katherine, granddaughter of friend of Mary Jobs; Megan Adole; Hala Jaser, friend of Cindy Babon; Danielle; Amber, David and Michael, family of the Cappellino family; Kevin Dolce; Bob Steindl, father of Rob Steindl; Ralph Clough, father of Kara Bouteiller; Debbie & Fred, friends of Carra Rockwood; Reno, friend of Ron & Lois Grizskauskas; Ann Crossman; Linda Azato, aunt of Lynn McCormack/Carol McCormack Wright; Rita, sister-in-law of Carra Rockwood; Casey and Thelma, friends of Joan Cockcroft; Adelle; Cindy Colella and family; Cameron family, family of the Cappellinos; Irma Radke, mother of Dean Radke; David B.; Benjamin Marek, friend of the Lafontaine family; Jocelyn, relative of the John Miller family; Winnie Messner; Judy Doucette, mother of William Doucette; Nidia; Roz & Joe Menton, friends of Carra Rockwood; Prenoveau Family; Donna, friend of Lisa & Mark Proffitt; Butch Rabe, friends of Mark & Lisa Proffitt; Dominique Orsi; Christopher (infant); Joan, Todd and Chip; Megan; Walter; Barbara & Rick Klem, sister & brother-in-law of Joan Cockcroft; Ed Groskey, brother of Sue Skrzypiec and Betty Lou Schweiger; Janet; Joseph Proffitt; brother of Mark Proffitt; Kim, cousin of Lynn McCormack; Peter G., cousin of Cindy Miller; Dennis Fleck and Family; Christine, friend of Lydia Holbrook; Tom & Family, friends of the Cappellinos; Valerie; Annie; Tony; Tameka, Cambone family; Sally; Tom, friend of Betty Lou Schweiger.; Courtney, friend of Bonnie Zownir; ; Joshua; nephew of Dawne and Peter Cappellinos; Eric and Lynn; John Thompson, friend of the Steindl's; Joe, friend of Pastor Jeff; Geraldine, friend of Dawne Cappellino; Lindsay, family of Mike & Cindy Babon; Deirdre Buerk, sister of Jude Radke; Krista, friend of Justine Moriarty.

### **Blessed are the Dead:**

Diana Clymer, 6/26; sister of Bonnie Zownir

Bill Collins, 7/21; stepfather of Bill Gibbs

Nancy Bunton, 7/23; mother of Laurie Ellsworth

**Service, For the men and women in the military serving our country:** Russell Karshis, cousin of Dawne Cappellino; Staff Sgt. Michael McKenney; GM Andrew Rauss, USCG, son of Steve and Diane Rauss; Lt. Colonel Zachary Fulton, USAF, nephew of Lisa Proffitt; Major Steven Hole, cousin of Cindy Miller; Danny Woolley, son of Diane and Dave Woolley; Matthew DeLorenzo, U.S. Navy, friend of the Doran Family; Colton McInnis, USAF pilot, son of Susan Prairie.

*To update or add prayer requests, please call (860)628-5759, or email - [office@zionlutheranct.org](mailto:office@zionlutheranct.org)*

PLEASE TAKE THE TIME TO LOOK OVER THIS PRAYER LIST SO THAT WE CAN ENSURE IT IS CURRENT.  
CONTACT THE OFFICE VIA EMAIL OR PHONE TO MAKE CHANGES. THANK YOU!



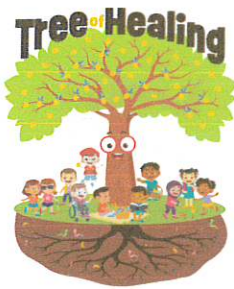
# Sunday School News

submitted by Ali Frega

## Sunday School

Be on the lookout for registration to open soon! The 'Google Form' will be sent via email to all returning students and will be available on our website to any new families who would like to join us this year.

We are looking for more Volunteers to teach Sunday School this year. If you are interested in hearing more about what this entails please contact Ali at [sundayschool@zionlutheranct.org](mailto:sundayschool@zionlutheranct.org).



## Vacation Bible School

### *'The Tree of Healing'*

We kicked off Vacation Bible School on Monday, July 18th. We spent the week learning about ourselves and getting in touch with our emotional and spiritual well being. We sang fun songs, made crafts and played games. We want to extend a huge thank you to Ms. Whitney Wilfred who assisted us in building our emotional health this week. We had close to 30 students join us for the week and it was great to hear so much laughter and activity in and around the Zion this week.

We could not have made this work without the support of all of our wonderful volunteers who came to join us this year. Thank you to Lois Garafola, Sue Skrzypiec, Betty Lou Schweiger, Mike & Cindy Babon, Will Reeves, Jeanne Garrett, Sue Yorski, Toni Carson, Crystal Dudac, Carra Rockwood, Debbie Stalley, Mya Colson, and Eileen McNulty. We truly appreciate everything you did to make this week a success! A special thank you to *First Lutheran Church in Southington* for providing dinner for us on Tuesday night!







## A Peek into Zion Nursery School

We would like to welcome Danielle Muir as our new nursery school director. Danielle comes to ZCNS with an extensive teaching background and her twins, Sophie and Henry just finished our preschool program. If you see Danielle, please join us in welcoming her to the Zion family.

Our 3 and 4 year old classes are currently full and have a waiting list. We do have room in our Pre-K program. If you know anyone who is interested please have them call the Nursery School at 860-628-6007.

We start our 2022-23 school year the day after Labor Day! Although we are enjoying summer, we are excited to see our students in September!




### Join us for Ladies Game Night & Dinner!

**Friday, August 19<sup>th</sup> at 6:00PM!**

Bring your favorite game (we'll provide some too) and spend your evening with us!

Ladies Lunch at Fireside on Main, (42 W. Main Street)  
**Wednesday, August 17<sup>th</sup> at 11:45PM All are welcome!**

**Apple Fritter News:** A new, younger chairwo  needs your help with the Apple Fritters because she doesn't know what she's doing!

**Please take note of the dates below and come help her out!**

### We Need You at Barrel Washing!!!

Mark your calendars for a few hours of fun....

Saturday, August 20<sup>th</sup> 8:00AM set-up / 9:00AM start!

### And....Flour Mixing!!!

Saturday, September 10<sup>th</sup> 7:00AM set-up / 8:00AM start!

FREE LUNCH! (I know your hungry!)

**Thank you for coming!**

## Calling All Cooks...

*Do You Have a Favorite Recipe That You Want to Share?*



*Does your neighbor, friend or family member have a delicious recipe to share?*

**Please join us in honoring Cindy Miller in creating our First Zion Cookbook!**

We would like you to submit as many of your recipes as you are willing to share (friends and family too!) You can even enter them yourself using an easy to navigate website!

**Put them in as you'd like, but make sure you add them all in by the deadline which is Sunday, September 25<sup>th</sup>**

**Instructions: Go to "typensave.com"  
Username - Fritter  
Password - granola916**

If you do not have access to a computer, please drop recipes in the *Red Box* located on the table by the elevator in the Gathering Place or mail them to us at Zion. Please remember to include your name and phone number so we can contact you if we have any questions.

**We are looking forward to getting the cookbooks published in time for the holidays! Proceeds will be used to fund the Czarnota Apple Fritter Scholarship.**

Thank you for joining us in this exciting project!

All recipes are welcome, so ask your friends and family to submit their favorites too!  
*If you have any questions, please feel free to contact Sue Skrzypiec at 860-276-9112.*

### Attention Walkers...Meet us in Plainville

Saturday, August 27<sup>th</sup> at 7:00AM at the Rail

Trail parking lot on Northwest Drive.

('Google' 45 Northwest Drive, the parking lot is just west of that address)



## FREE FRITTERS, FREE BEVERAGES, AND HANGING OUT WITH GREAT PEOPLE... THIS CAN ALL BE YOURS EVERY NIGHT OF THE APPLE HARVEST FESTIVAL!

We are looking for two or three volunteers to clean the Fritter Booth at closing time: September 30<sup>th</sup> - October 8<sup>th</sup>. While eating fritters, drinking and chatting with great people you can help us sweep, vacuum, and wipe down the refrigerator and mixing areas. (Netflix will still be there when you get home, we promise.)

**Fridays and Saturdays (9/30, 10/1, 10/7 & 8) - 9PM until 10PM**

**Sunday (10/2) 7PM-8PM, Monday - Thursday (10/3-6) 6PM-7PM**

Please contact Krista Steindl 860-770-8696 (robsteindl@cox.net)

or Lois Garafola 860-538-3925 if you can help!





# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:00AM WORSHIP Sanctuary (no communion)	1 9:00AM Bottles & Cans Sorting	2	3	4	5	6 4:00PM Worship (no communion)
7 9:00AM WORSHIP Sanctuary (communion)	8	9	10	11	12	13 4:00PM Worship (no communion)
14 9:00AM WORSHIP Outdoors	15 9:00AM Bottles & Cans Sorting 7:00AM Worship & Music	16	17 11:45AM Ladies Lunch <i>Fireside on Main</i> 1:00PM Coffee with Pastor @ Lion's Den 7:15PM Grief Group	18 8:00AM Coffee with Pastor @ Perkatory	19 6:00PM Ladies' Game Night	20 Barrel Washing 8:00AM Set Up 9:00AM Start 4:00PM Worship
21 9:00AM WORSHIP Sanctuary	22 9:00AM Bottles & Cans Sorting	23 6:30PM Council	24 1:00PM Coffee with Pastor @ Lion's Den 7:15PM Grief Group	25 8:00AM Coffee with Pastor @ Perkatory	26	27 7:00AM Walkers @ Rail Trail / Northwest Dr. Plainville 4:00PM Worship
28 9:00AM WORSHIP Outdoors	29 9:00AM Bottles & Cans Sorting	30	31 1:00PM Coffee with Pastor @ Lion's Den 7:15PM Grief Group	Sept 1 8:00AM Coffee with Pastor @ Perkatory	2	3 4:00PM Worship

The answer to the trivia question on pg 2 is 'C'.

August 2022

Return Service Requested

Website: [zionlutheranct.org](http://zionlutheranct.org)

email: [pastor@zionlutheranct.org](mailto:pastor@zionlutheranct.org)

ZION EVANGELICAL LUTHERAN CHURCH  
531 Woodruff Street, Southington, CT 06489  
Church (860)628-5759, office@zionlutheranct.org  
Rev. Jeff Stalley, Pastor cell#860-490-5784



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